



2008 Saltwater Challenge

Notice of Major Head Event

Saturday 13th September 2008

The location

The Saltwater Challenge is a series of time trial races on the Maribyrnong River, Melbourne, Victoria. The course is 4.5 Km long; commencing upstream at the Tea Gardens reserve near Canning Street bridge Avondale Heights and finishing close to the Essendon Rowing Club located corner Holmes Road and The Boulevard Moonee Ponds.

Races: Male and female A, B, C, & D grades; male and female A to H grade masters (to be split according to number of entries); mixed masters; school boys and school girls; mixed club crews, competitors from interstate and corporate teams. The event has attracted competitors in all sections from schools through to elite interstate crews including former Olympians.

Refer to the Rowing Victoria (RV) (<http://www.rowingvictoria.asn.au>) & Essendon Rowing Club (ERC) (<http://www.essrc.com>) websites for further information.

Date: Saturday 13th September 2008

Entries close: Sunday 7th September on ROMS

Entry fees: \$10 per seat (excluding coxswains). Interstate crews chosen to represent their state are free.

Split Race Program: The new innovative morning and afternoon split race program and timeline was a great success last year resulting in increased participation by 70 quads. The program facilitates boat sharing and many rowers are able to row the course a second time. E.g. Masters can row in male or female crews in the morning and row mixed masters in the afternoon. And club male or female crews rowing in the morning can row in mixed club crews in the afternoon. Refer to the Rowing Victoria (RV) (<http://www.rowingvictoria.asn.au>) & Essendon Rowing Club (ERC) (<http://www.essrc.com>) websites for the latest Bulletin.

Incentives to stay a while:

- Trophies for all race winners;
- \$500 cash prize for the crew with the greatest winning margin;
- Perpetual Shield presentation for the men's and women's crews with the fastest time;
- Watch the Men's and Women's A quads battle it out against the best interstate quads;
- We'll be screening photos and film of the event in the club function room; and
- Traditional ERC hospitality, food, and drinks.

Special spectator facilities:

Passenger transport will be provided between the club parking area and vantage points along the course.

Enquiries to Event Co-ordinator; Mark Dwyer; 0418 365 813 or markdwyer1@hotmail.com or club, schools & interstate crews liaison officer, Frank Camiller; 03)9379 7799 camillerfm@bigpond.com



HEALTH THROUGH ROWING

