



# *Australian Rowing News*

**Issue 24: September 2006**

## **FROM THE CEO**

### **International Scene**

I'm sure you'll all join with me in congratulating all of our national rowing teams on their achievements this year against the best in the world.

In a sensational performance, our Senior A Team topped the Olympic category medal table again and came second to the British team on the overall medal table with a tally of 4 gold, 1 silver and 2 bronze medals. Super Saturday was the highlight of the week when our Women's Double defeated the Olympic and reigning World Champions to take gold. They were soon followed by our Women's Four and Men's Pair winning in fine fashion to make it three from three for the day.

Dominic Monypenny made it four from four early the following day in the Adaptive Single Scull, followed by the Women's Light Double, Women's Quad and Women's Eight collecting silver and two bronze respectively.

Our Under 23 Team collected a gold, silver and two bronze medals and featured in nine A Finals, while our Junior Team also got amongst the medals with a gold and silver, and featured in three A Finals from as many events.

At the World University Championships we also won gold in the Women's Single.

With results like this, our vision to become the leading rowing nation in the world is well and truly on track under the guidance of High Performance Director Noel Donaldson and Head Coaches Lyall McCarthy and Brian Richardson.

### **[rowingpress.net](http://rowingpress.net)**

For a full wrap up of the results from the FISA World Championships visit [www.rowingpress.net](http://www.rowingpress.net), which is a new and exciting initiative of experienced sports journalist Rupert Guinness.

### **FISA World Congress**

The 2006 Congress was held on the day after the completion of the World Championships in Eton and included the following items of general interest:

- New Zealand was successful in its bid to host the 2010 FISA World Championships at Lake Karapiro. We congratulate Craig Ross and his team on their successful campaign.
- The Czech Republic will host the 2009 Under 23 World Championships and the 2010 Junior World Championships.
- Austria will host the 2009 World Masters Regatta in Vienna.
- Rowing Australia board member and FISA Executive Member, John Boulton, was confirmed as the Chair of the FISA Competitive Commission.
- Australian delegate Shirley Stokes was confirmed on the FISA Adaptive Commission.

## **2010 FISA World Masters Regatta Bid**

Following discussions held at the Congress, the RA Board has resolved to consider bidding for the 2010 World Masters Regatta. Interested states will be invited to tender to host the regatta in conjunction with RA and FISA. Expression of Interest documentation will be available in late October.

## **New RA Website**

By now you will have had an opportunity to navigate your way around our new website. Please be sure to provide any constructive feedback you have so that we can continue to improve the site over time.

## **National Team Managers Nominated to the AOC**

RA will nominate National Senior A Team Manager, Dean Oakman and Assistant Manager, Ray Ebert to the AOC for consideration as the rowing Section Managers for the 2008 Australian Olympic Team.

Congratulations gentlemen and good luck with the AOC on your nomination!

## **Media and Communications**

In addition to the recent launch of RA's new website and the introduction of [www.rowingpress.net](http://www.rowingpress.net), RA has engaged the services of David Pembroke to drive the media and communications operations of RA in the lead up to Beijing. David and his team at The Content Group worked with RA prior to the 2004 Olympic Games and will commence in October to develop a media plan that will generate and deliver a consistent message across Australia.

**Andrew Dee**  
**Chief Executive Officer**

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# **HIGH PERFORMANCE**

## **Staffing**

Greg Howell has commenced his role as the RA Elite Program Manager. Greg is well known to many of you from his involvement in the sport at many levels. Greg will take a key role with our partnership relations. Please feel free to regularly contact

Greg with High Performance matters on [ghowell@rowingaustralia.com.au](mailto:ghowell@rowingaustralia.com.au) or by phone on 02 6256 5902.

Joel Freeme continues to provide us with great support and he has greater responsibility with athlete and coach management in regards travel, team and camp logistics.

## **Overseas results**

RA is very well-ranked internationally and the Senior A Team holds a very good status on the various methods of appraising the Medal Tables. The results of the World Championships have placed Australia as the number 1 ranked country on medals in the Olympic categories and number two overall. The results of the World Championships are available on the Rowing Australia and World Rowing websites.

The under age teams took a big step forward this year and congratulations to all those involved in these teams. We are under no illusions of the challenges in this developmental area and this year should just be seen as an initial step.

Congratulations to all our medalists and special praise to those with gold medals. The Australian rowing community should be proud of our results whilst we work to improve. Well done!

## **National Activity Plan (NAP)**

The latest NAP will be available on the Rowing Australia website once it is finalised in the next few weeks. In the mean time, individual questions can be directed to the High Performance Unit.

## **Tim McLaren**

Tim McLaren has accepted a role with the Berkeley University, California. Despite the great loss to Australian rowing, we wish Tim and his family well in their impending overseas adventures. Tim has made a great contribution to our programs and will be missed in many areas — good luck.

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## **DEVELOPMENT**

### **Croker Oars 2006 Rowing Australia Coaches Conference**



The program for the Croker Oars 2006 Rowing Australia Coaches Conference includes presentations from:

- *Thor Nilsen, Development Director, FISA*
- *Noel Donaldson, High Performance Director, Rowing Australia*
- *Andrew Matheson, High Performance Manager, Rowing New Zealand*
- *Brian Richardson, Head Coach Men / Senior Coach Men, Rowing Australia / AIS*
- *Lyall McCarthy, Head Coach Women / Senior Coach Women, Rowing Australia / AIS*

And many more ... [click here](#) to view confirmed topics and presenters

**Conference website:** [click here.](#)

**Registrations:** are still open for the conference to be held at the Radisson Resort on Queensland's Gold Coast from 6–8 October. [Click here](#) for registration forms.

**Trade Exhibitors:** [click here](#) for all documentation.

### **Victorian NCAS Assessor / Presenters Course**

Rowing Australia in conjunction with Rowing Victoria conducted a NCAS Assessors / Presenters course on Saturday the 9<sup>th</sup> of September. The course accredits individuals within the rowing community to present and assess the Rowing Australia's coach education courses. Rowing Victoria now has 12 accredited assessors and 7 accredited presenters. The presenters and assessors cover a range of geographical areas within Victoria and include representatives for Melbourne, Ballarat and Bendigo. Victorian candidates who are seeking an assessment for the completion of their coaching accreditation should contact Phil Sandford from Rowing Victoria to access the list of Victorian assessors.

In addition to the accreditation of these individuals, the course provided the opportunity to discuss the progression of coach education within Victoria and across Australia. Any individuals, clubs or schools who are interested in participating in coach education, whether as a presenter / assessor or coordinating a course in your area, should contact your State Rowing Association for further information.

## **COMPETITION**

### **2006 Australian Youth Cup**

The 2006 Australian Youth Cup was conducted at West Lakes in Adelaide from 1 to 3 September 2006. The event attracted the top youth rowers from Australia and New Zealand and is designed to provide additional competition for rowers under the age of 21. A consistent effort from the New Zealand team saw them take out the Rusty Robertson Trophy for the team with the highest points.

With 2 gold, 4 silver and 6 bronze medals it took the New Zealanders until the last race of the regatta to secure the overall win. With an impressive performance in the Women's Eight, the New Zealanders led all way to secure their second gold medal of the regatta and the overall win. South Australia, who went into the final race with 5 gold and 3 bronze, was the best of the Australian states but could only manage 5<sup>th</sup> place to hand New Zealand the Rusty Robertson trophy. Queensland finished 3<sup>rd</sup> on the points score followed by Victoria, New South Wales, Tasmania, Western Australia and the Australian Capital Territory.

Rowing Australia would like to thank the South Australian Rowing Association for their contribution to the development of this event. The Australian Youth Cup has been held in Adelaide for the last 4 years under the direction of Barbara Fenner. With the event moving to Victoria in 2007 it is an ideal time to acknowledge the hard work and coordination by Barb and her team that has seen this event increase in standard and importance over the past years.

The 2007 Australian Youth Cup will be held in Nagambie, Victoria from 31 August to 2 September 2007.

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## OTHER NEWS

### ***Sculling: Training, Technique & Performance*** **by Paul Thompson: now in stock**



Whether you are about to go out in a sculling boat for the first time, simply enjoy recreational sculling, or have aspirations to be a member of the national team, this book contains information that will help you to improve your performance and maximise your potential.

*Sculling* considers the principles that underlie training, technique and the correct adjustment of the boat's rigging and gearing. It offers practical advice on how those principles can be applied.

Paul Thompson has coached world champion crews for Australia and Great Britain and his crews have won medals at three Olympic Games, including a gold in 1996 with Megan Marcks (nee Still) and Kate Allen (nee Slatter) in the Women's Coxless Pair.

*Sculling* is now available at a price of \$45.00. To order your copy through RA, complete and return an order form, available from the RA website at [http://www.rowingaustralia.com.au/SHOPPING\\_ORDER\\_FORM.doc](http://www.rowingaustralia.com.au/SHOPPING_ORDER_FORM.doc)

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## 2006 EVENTS OF INTEREST

Croker Oars 2006 Rowing Australia <a href="#">Coaches Conference</a>	6 to 8 October	Gold Coast, Australia
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