

AIS Rowing Program – Residential Scholarship Program 2010/11

Application Information

1. **Background:**

The National Rowing Centre of Excellence (NRCE) is a joint venture between Rowing Australia (RA) and the Australian Institute of Sport (AIS). It incorporates the entirety of RA's High Performance Program and the AIS Scholarship and National Camps Programs. The primary objective of the NRCE is to achieve sustainable medal winning performances by Australia at Olympic and Paralympic Games consistent with the Rowing Australia High Performance Plan as determined by the RA Board. The NRCE is managed by a Joint Management Committee (JMC) of RA and AIS personnel and will be located at the AIS boat sheds.

NRCE Vision: *'To be the most successful international program in world rowing'*

NRCE Objectives:

To achieve the vision, the objectives of Rowing Australia's National High Performance Plan for the years 2009-2012 are to:

- Win three Gold medals at the 2012 London Olympic Games
- Win one gold medal at the 2012 London Paralympic Games
- Increase the number of athletes with elite gold medal winning performance characteristics through all levels of the HP program
- Increase the number of coaches in the HP program capable of coaching Olympic gold medal performances
- Maximise the effective integration and utilisation of all available HP resources across Australia through NRCE leadership

2. **Role of the AIS Rowing Program:**

- a. To play a key role in the National network of Institutes in maximising medal winning performances in Olympic and Paralympic category boats at World Championships and the London Olympic and Paralympic Games.
- b. Residential Program - the primarily focuses are;
 - i. Maximising the performances in targeted Olympic categories,
 - ii. Maximising the performances in targeted Paralympic categories.
- c. Camps Program;
 - i. Provide a venue for national camps for all age groups where appropriate.
- d. International Program;
 - i. Provide a training base for international crews primarily focused on maximising performances in key targeted Olympic and Paralympic categories.

3. **Key Operating Principles of the AIS Rowing Program**

- a. The program is athlete focused and coach driven, operating with a team approach.
- b. It is focused on providing a world leading rowing training environment.
- c. Athletes are expected to have ownership in their program and their ultimate performance.
- d. Athletes are expected to maintain an appropriate level of life balance which includes either continuing educational/vocational studies or part-time work.

4. **National Scholarship Criteria**

- a. The National Elite Sports Council (NESC) is in the process of moving towards a structure of standardised classifications for high performance athlete scholarships, training environments and staffing within these environments across all sports.
- b. The NRCE and in effect the AIS Rowing Program are supportive of this approach and have been working to implement the first phase of this, being the classification and timings of 2010/11 rowing scholarships.
- c. Therefore prospective AIS Scholarship athletes will be assessed against the nationally agreed rowing scholarship criteria. Please refer to 'Rowing High Performance Scholarships 2010/11 Information Document' for specific details. This document can be reviewed on the Rowing Australia website www.rowingaustralia.com.au or on the AIS Rowing Program website www.ausport.gov.au/ais/sports/rowing/scholarships

5. **The AIS rowing scholarship program in 2010/11**

The AIS rowing scholarship program is a full-time residential program aimed at providing world class athletes with a world leading training environment. The ultimate aim of this program is to assist with the NRCE medal targets in 2012.

- a. There are two components to the AIS residential program:
 - i. Up to 26 scholarships for Olympic focussed athletes (potentially including coxswains)
 - ii. Up to 4 scholarships for Paralympic focussed athletes
- b. To be selected each athlete must be a fit and proper person to participate in the AIS scholarship program and to represent the AIS. Each athlete must also display a suitable temperament and suitable levels of self motivation and self discipline to participate in the AIS scholarship program.
- c. All scholarship athletes are expected to be striving for National Team selection in 2011.

6. **The Targeted Athletes**

a. Olympic focussed:

- i. The athletes targeted will be those deemed capable of being a member of the 2012 London Olympic Games Team, and fit predominantly within the targeted Olympic Categories such as women's heavyweight sculling, women's lightweight, men's heavyweight sweep, and men's heavyweight sculling.
- ii. These athletes will be predominantly Tier 1 and Tier 2 athletes as per the Rowing High Performance Scholarships Criteria, with the potential for a select group of Tier 3 athletes.

b. Paralympic focussed:

- i. The athletes targeted are fixed seat athletes (arms and shoulders, and trunk and arms athletes) who are deemed to have the ability to be members of the 2012 London Paralympic Teams and ultimately achieve gold medal success.
- ii. These athletes will be Tier 1 and Tier 2 athletes as per the Rowing High Performance Scholarships Criteria.

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7. Timings:

- a. Applications close Friday 20 August 2010
- b. Scholarship positions will be announced 10 September 2010
- c. Scholarships will commence 4 October 2010, and be predominantly 1 year in length

8. Application Process:

- a. Any questions should be directed to the National/AIS Head Coaches in the first instance, otherwise to the National High Performance Director.
- b. Athletes are to complete the AIS Rowing 2010/2011 Program Scholarship Application. Completed applications are to be email to the AIS Rowing Program Coordinator sam.irvine@ausport.gov.au
- c. Applications must be received no later than 5:00pm Friday 20 August 2010.

9. 2009/10 AIS Scholarship Program Key Personnel:

Title	Person	Responsibility	Contact details
National High Performance Director	Andrew Matheson	To provide overall strategic direction for the program and its delivery	02 6214 7505 04 8804 8112 andrew.matheson@ausport.gov.au
National/AIS Head Coach - Men	Noel Donaldson	To provide direction and guidance for the Men's program delivery	02 6214 7508 04183 5775 noel.donaldson@ausport.gov.au
National/AIS Head Coach - Women	Lyall McCarthy	To provide direction and guidance for the Women's program delivery	02 6214 7509 04 1833 3348 Lyall.McCarthy@ausport.gov.au
National/AIS Head Coach – Adaptive	Pedro Albisser	To provide direction and guidance for the Paralympic focused program delivery, including hands-on coaching	02 6214 7510 0409 350 128 Pedro.albisser@ausport.gov.au
AIS Senior Coach - Men	Rhett Ayliffe	To provide hands-on coaching for the Men's program	Rhett.Ayliffe@ausport.gov.au
AIS Senior Coach - Women	Laryssa Biesenthal	To provide hands-on coaching for the Women's program	Laryssa.Biesenthal@ausport.gov.au
AIS Program Coordinator	Sam Irvine	To provide administrative support to the AIS rowing program	02 6285 3613 Sam.Irvine@ausport.gov.au