

Bulletin 2

Rowing Victoria extends a warm invitation to all masters' rowers to participate in the 2008 Australian Masters Rowing Championships Regatta to be held at the Nagambie Lakes Regatta Centre, Nagambie, Victoria commencing Thursday May 29th and concluding Sunday June 1st 2008.

Bulletin 1 is available [here](#).

Bulletin 3 – will be available after entries close.

Indicative List of events

An indicative list of events for each day is available on the last page of this bulletin and is also available at www.rowingvictoria.asn.au

Be aware that there may be a need change this event list depending on requirement. The final event list will be available on the RV website shortly.

There may be a requirement to conduct semi-finals in some events in order to ensure that at least two competitors progress from the heats. Should there be a need for semi-finals; heats will be conducted on Thursday May 29th with semi-finals conducted at the original heat time.

Entry Method

Entries will be accepted only through ROMS (Rowing Online Management System) each club has a ROMS "superuser" who has access to ROMS. www.roms.rowingaustralia.com.au

Entries will open in ROMS in early April
Entries will close on Sunday 18th May 2008 at 7pm

Entry Fees

\$33.00 per seat. The entry fee covers:

- course entry
- parking
- complimentary event program
- plus daily updates
- A lucky program number prize
- Free entry to two rowing trivia competitions with cash prizes.

Competitors Relaxation Area

A competitor's relaxation area will be conveniently located next to the boat park looking over the rowing course. The lounge is for competitors and supporters to relax between events.

Vendors and an information desk (with results) will be position in around the marquee for competition ease of access.





Physiotherapy

A team of physiotherapists will be on site near the competitor relaxation area for convenience of competitors. Fees are heavily discounted for competitors and will be based on time and type of care required.

Novelty Activities

A number of novelty activities will take place at the regatta centre during the championships including a Trivia Quiz competition for which prizes will be on offer and market stalls selling local crafts and produce.

Jazz Night

Rowing Victoria will be conducting a Jazz Night at the Nagambie Football Club on Friday 30th May. Further details will be provided in bulletin 3.

Novelty Race

Novelty race will be conducted at lunchtime on Saturday between coxswains, coaches and boat race officials – details re entry into these races will be available in bulletin 3.

Event Program

Each competitor will be given one complimentary event program. Additional programs can be purchased at a cost of \$10.

Event Updates

Event update sheets (daily draws) will be available at the information booth in the main marquee. These will be free with presentation of your program or presentation of your competitor wristband each day additional updates are available for a gold coin donation.

Merchandise

Event merchandise will be available for purchase at the regatta.

Catering

There will be a wide range of food and beverages available at the regatta centre for purchase

The Venue:

Nagambie Lakes is situated in the Shire of Strathbogie 100km north of Melbourne. The lake is of international standard and has excellent competitor and spectator facilities and a view of the 1,000m course of 8 lanes

The 2008 Australian Masters Rowing Championships will be the ninth National Championship event to be held at the Nagambie Lakes Regatta Centre since opening in 1998.





Travel:

The Nagambie lakes Regatta Centre is easily accessed via a 90 minutes drive from the Melbourne CBD or Melbourne airport.

Accommodation:

A range of accommodation is available in the township of Nagambie and the surrounding region. For information on accommodation call Nagambie Lakes Visitor Information Centre:
145 High Street, Nagambie, Victoria, 3608
Telephone 1800 444 647 or 03 5794 2647
Fax 03 5794 2919
Email info@nagambielakestourism.com.au
Website www.nagambielakestourism.com.au

Climate

The Nagambie Lakes region has moderate and stable temperature in May and June. Average temperatures and rainfall can be found below:

16.7°C – average maximum
6.1°C – average minimum
6.7°C – average number of days of rain
10.0°C – average 9am temperature
16.0°C – average 3pm temperature

There is a 40-45% chance of median rain fall being exceeded.

Boat/Crew register

Rowing Victoria have requested of their member clubs and schools that we establish a list of boats for lease and transport options for interstate/overseas competitors. Crews requiring members or members requiring crews are also listed

Parking

There is ample onsite parking for vehicles. Parking will be free to competitors and spectators on Thursday and Friday.

Parking for spectators will be at a cost of \$10 per day on the Saturday and Sunday.
Parking for competitors will be free each day.

Trailers

There is ample space for trailer parking on the peninsula. Clubs are requested move their trailers to the trailer parking area along the fence line of the boat park once unloaded. There will be a parking attendant to assist with parking trailers.





Boat Racking

Boat racking will be provided in the boat park.

Club Tents

Club tents may be erected on the peninsula on a first come first served basis. Tents must be erected behind the white line.

Coxswains

Coxswain weigh in will be located in the boat shed in the boat park. See further detail under "Rules"

Security

There will be onsite security from Wednesday through to Sunday

Pets

Please leave your pets at home. Pets are not allowed on the peninsula at any time.

Merchandisers & Vendors

Applications for a merchandiser and Vendors for the 2008 National Masters Regatta are invited from interested parties. Please advise Rosaline Sidhom of your interest and installation requirements as soon as possible by emailing: rosaline@rowingvictoria.asn.au

Payment of Entry Fees

Entry fees will be payable at the close of entries. State Rowing Associations will invoice their respective clubs for the entry fees incurred.

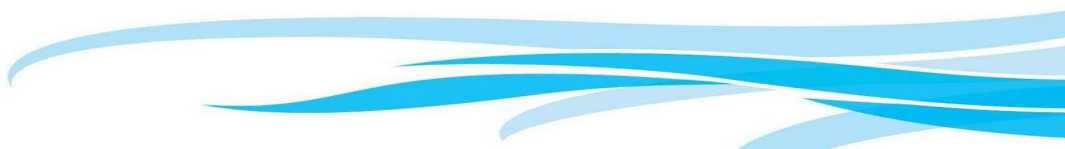
Composite entries will be billed to the club who makes the entry (primary club)

Medical & Rescue

Full medical and rescue services will be in place for the entire 4 days of the regatta.

The Chief Medical Officer will be Dr. Denis Bourke with his support being Mike Rigo and Ambulance Service Australia.

The medical team will be equipped with a new medical centre at the Nagambie Regatta centre and a mobile medical unit.



Athletes Responsibility for Entry

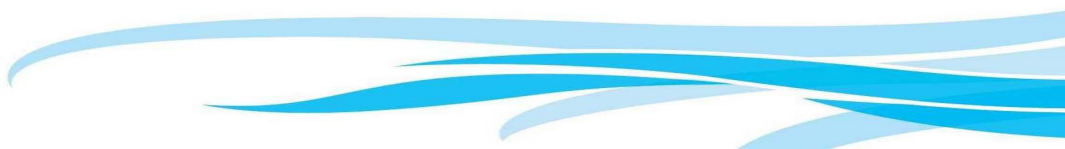
Each athlete is responsible for their own state of health and fitness and must ensure they structure their racing program in a manageable way as to not enter an excessive number of events. It is recommended that individuals are covered by private health cover and ambulance in the case of a major medical emergency requiring transport to a major metropolitan area for treatment – closest intensive cardiac care is Melbourne.

Rules

The regatta will be conducted according to the rules of Rowing Australia.

1. A rower may compete as a Masters rower from the beginning of the calendar year in which he or she reaches the age of 27.
2. Year is defined as from January 1 to December 31.
3. A Masters rower will be placed in the age category corresponding to the age which he or she attains during the current year.
4. Age categories are:
 - A Minimum age 27 years
 - B Minimum Average age 36 years
 - C Minimum Average age 43 years
 - D Minimum Average age 50 years
 - E Minimum Average age 55 years
 - F Minimum Average age 60 years
 - G Minimum Average age 65 years
 - H Minimum Average age 70 years
 - I Minimum Average age 75 years
 - J Minimum Average age 80 years
5. The average age of a crew (excluding the coxswain) will be calculated by dividing the total number of years of age of the crew by the number of members of the crew rounded down to the nearest whole number.
6. Age categories do not apply to coxswains of masters crews.
7. Every Masters rower must be in a position to prove his/her age by production of an official document (passport or identity card).
8. The handicaps that will apply at Australian Masters Rowing Championships are contained in Appendix of the Rowing Australia rules and by laws.
9. Entries which do not state a competitor's age will be classified as A category.

Mixed Masters Events may be held of masters crews in which half of the crew, excluding the coxswain, shall be women and half shall be men. The coxswain may be of either gender.





Composite crews are permitted without reference to State Associations. There are no restrictions to the number of clubs represented in a composite crew.

Coxswains: May be of either gender and are not subject to the age limit applicable to the crew.

Minimum weight for coxswains is -

Women's crews	50 kilograms
Men's crews	55 kilograms
Mixed crews	50 kilograms

If a coxswain weighs less than the minimum weight for the crew, weights must be carried to make up the difference.

Coxswains must be weighed in racing uniform by a person authorised by the Organizing Committee conducting the regatta at least 1 hour prior to the advertised starting time of their first race.

The Organising Committee may require the coxswain of any crew, with the weights carried by that person, to be weighed by an authorised person immediately after their race. If the coxswain does not weight in at the required weight at such reweighing, the coxswain's crew will be disqualified.

Policy on entries and awards

If less than two entries are received for any age category the event will be combined with a suitable or adjacent age category.

Combined age category events will be conducted on a handicap basis. Handicaps will be those provided in the Rowing Australia rules and included in this bulletin.

Medals will be presented for each age group as follows:

Two entries – First place medal only

Three entries – First and Second place medal only

Four or more entries – first, second and third place medals.

Where there are sufficient entries in a single age group within a combined age group event place medals may be awarded to place getters within that age group at the discretion of the organising committee.

Bow numbers

The alpha numeric lane system will be used. Bow numbers will be available from the Boat Park and will require a deposit of \$10. Exact money is appreciated and larger sums will be accepted if required.

Contact Us:

If you have any queries, please feel free to contact the Rowing Victoria Office:

Race/on water queries: alice@rowingvictoria.asn.au

Vendors/merchandisers: rosaline@rowingvictoria.asn.au

Sponsorship: rosaline@rowingvictoria.asn.au or braden@rowingvictoria.asn.au



AUSTRALIAN Masters ROWING CHAMPIONSHIPS 2008

Nagambie Lakes, Victoria Thursday 29 May – Sunday 1 June 2008

Handicaps

Men's Events

1x, 2-

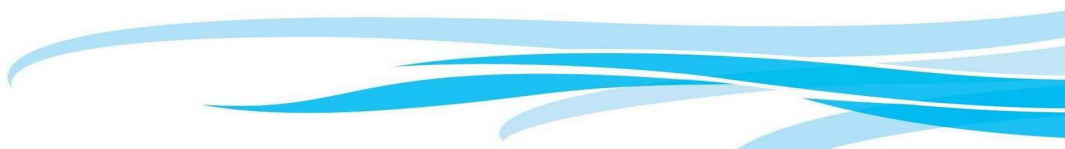
Cat.	Time (seconds)									
A	85	65	51	40	31	22	15	7	2	GO
B	83	63	49	38	29	20	13	5	GO	
C	78	58	44	33	24	15	8	GO		
D	70	50	36	25	16	7	GO			
E	63	43	29	18	9	GO				
F	54	34	20	9	GO					
G	45	25	11	GO						
H	34	14	GO							
I	20	GO								
J	GO									

2x, 4+

Cat.	Time (seconds)									
A	76	57	44	34	26	19	13	7	2	GO
B	74	55	42	32	24	17	11	5	GO	
C	69	50	37	27	19	12	6	GO		
D	63	44	31	21	13	6	GO			
E	57	38	25	15	7	GO				
F	50	31	18	8	GO					
G	42	23	10	GO						
H	31	13	GO							
I	19	GO								
J	GO									

4-, 4x, 8+

Cat.	Time (seconds)									
A	70	53	42	33	26	19	12	6	2	GO
B	68	51	40	31	24	17	10	4	GO	
C	64	47	36	27	20	13	6	GO		
D	58	41	30	21	14	7	GO			
E	51	34	23	14	7	GO				
F	44	27	16	7	GO					
G	37	20	9	GO						
H	28	11	GO							
I	17	GO								
J	GO									



AUSTRALIAN Masters ROWING CHAMPIONSHIPS 2008

Nagambie Lakes, Victoria Thursday 29 May – Sunday 1 June 2008

Women's Events

1x, 2-

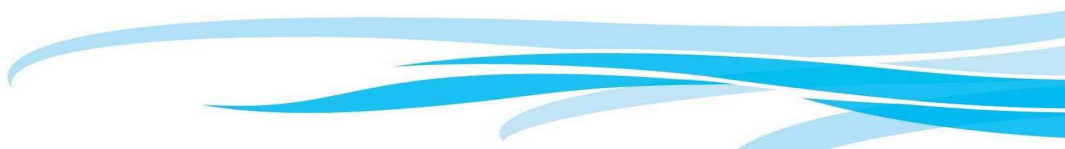
Cat.	Time (seconds)									
A	94	72	57	45	35	25	17	8	2	GO
B	92	70	55	43	33	23	15	6	GO	
C	86	64	49	37	27	17	9	GO		
D	77	55	40	28	18	8	GO			
E	69	47	32	20	10	GO				
F	59	37	22	10	GO					
G	49	27	12	GO						
H	37	15	GO							
I	22	GO								
J	GO									

2x, 4+

Cat.	Time (seconds)									
A	85	64	50	38	29	21	15	8	2	GO
B	83	62	48	36	27	19	13	6	GO	
C	77	56	42	30	22	13	7	GO		
D	70	49	35	23	15	7	GO			
E	64	43	29	17	8	GO				
F	56	35	21	9	GO					
G	47	26	12	GO						
H	35	14	GO							
I	21	GO								
J	GO									

4-, 4x, 8+

Cat.	Time (seconds)									
A	79	60	47	37	29	21	14	7	2	GO
B	77	58	45	35	27	19	12	5	GO	
C	72	53	40	30	22	14	7	GO		
D	65	46	33	23	15	7	GO			
E	58	39	26	16	8	GO				
F	50	31	18	8	GO					
G	42	23	10	GO						
H	31	13	GO							
I	19	GO								
J	GO									



AUSTRALIAN Masters ROWING CHAMPIONSHIPS 2008

Nagambie Lakes, Victoria Thursday 29 May – Sunday 1 June 2008

Mixed Events

2x, 4+

Cat.	Time (seconds)									
A	81	61	47	36	27	20	14	7	2	GO
B	79	59	45	34	25	18	12	5	GO	
C	74	54	40	29	20	13	7	GO		
D	67	47	33	22	13	6	GO			
E	61	41	27	16	7	GO				
F	54	34	20	9	GO					
G	45	25	11	GO						
H	34	14	GO							
I	20	GO								
J	GO									

4-, 4x, 8+

Cat.	Time (seconds)									
A	75	57	45	35	28	20	13	7	2	GO
B	73	55	43	33	26	18	11	5	GO	
C	68	50	38	28	21	13	6	GO		
D	62	44	32	22	15	7	GO			
E	55	37	25	15	8	GO				
F	47	29	17	8	GO					
G	40	22	10	GO						
H	30	12	GO							
I	18	GO								
J	GO									

Relative Handicaps Between Men, Women and Mixed A to H

Boat	Class	A	B	C	D	E	F	G	H
1x	Men	74	72	67	59	52	43	34	23
	Women	57	55	49	40	32	22	12	GO
	Mixed	65	64	58	49	42	32	23	12
2x	Men	66	64	59	53	47	40	32	22
	Women	50	48	42	35	29	21	12	GO
	Mixed	58	56	51	44	38	31	22	11
4x	Men	62	60	56	50	43	36	29	20
	Women	47	45	40	33	26	18	10	GO
	Mixed	55	53	48	32	35	27	20	10

Handicaps for Older Age Groups (included in tables above)

Seconds Added				
Age Category	Boat	Men	Women	Mixed
I (75+ add to H handicap)	1x, 2-	14	15	15
	2x, 4+	13	14	14
	4-, 4x, 8+	11	13	12
J (80+ add to I handicap)	1x, 2-	20	22	21
	2x, 4+	19	21	20
	4-, 4x, 8+	17	19	18



AUSTRALIAN Masters ROWING CHAMPIONSHIPS 2008

Nagambie Lakes, Victoria Thursday 29 May – Sunday 1 June 2008

Event List (subject to Change)

Thursday pm	
Event #	CODE
1	WD 2-
2	MA1X
3	WG4X
4	MH 2-
5	WA 2X
6	MD 2-
7	WC 2X
8	MC 4X
9	WH4+
10	WH4-
11	MI8+
12	MB 8+
13	WF4+
14	WF4-
15	ME1X
16	WB 8+
17	MJ1X
18	MF8+
19	WE2X
	MixD8+
	MixC4X
	MixAB2X

Friday am	
Event #	CODE
20	WG4+
21	WG4-
22	MJ4X
23	MD2X
24	WC 4+
25	WC 4-
26	MG 8+
27	WF1X
28	MA8+
29	ME2-
30	WD 2X
31	MH 1X
32	MB 4X
33	MF 4X
34	WB 2-
35	WE8+
36	MI4+
37	MI4-
38	WH2-
39	MC 4+
40	MC 4-
41	WA 4X
42	Mix FGH 4X
43	MixC8+
44	MixE 2X

Friday pm	
Event #	CODE
45	WC 1X
46	MA 4X
47	MJ2-
48	MG 2X
49	WF8+
50	MD 4+
51	MD 4-
52	WA 2-
53	WD 4+
54	WD 4-
55	MH 8+
56	WG1X
57	WB 1X
58	MF 4+
59	MF 4-
60	WE1X
61	MC1X
62	ME2X
63	MI1X
64	WH1X
65	Mix AB 4+
66	Mix E4+
67	Mix D4X

Saturday am	
Event #	CODE
68	MB1X
69	WG8+
70	MG 4+
71	MG 4-
72	WF2X
73	MA2-
74	WB4X
75	MH 4X
76	WA4+
77	WA4-
78	MJ4+
79	MJ4-
80	WH4X
81	MI2X
82	MF 2-
83	Mix E4X
84	MixC2X
85	Mix FGH 8+
86	Mix AB 4X
87	ISWD4X
88	ISMD8+

Saturday pm	
Event #	CODE
89	ISWD8+
90	ISD4X
91	MG1X
92	WF2-
93	MA 2X
94	MI2-
95	ME8+
96	WD 1X
97	MF 1X
98	WA1X
99	MB 4+
100	MB 4-
101	MC 2-
102	WC 8+
103	MJ2X
104	WE4+
105	WE4-
106	MD1X
107	Mix E8+
108	Mix AB8+
109	Mix FGH2X
110	Mix D4+

Sunday am	
Event #	CODE
111	WH2X
112	MC2X
113	WA 8+
114	ME4X
115	WD4X
116	MH4+
117	MH4-
118	WG2-
119	MB 2-
120	WE2-
121	WC 2-
122	MD 8+
123	MG4X
124	WF4X
125	MJ8+
126	WB2X
127	Mix FGH 4+
128	Mix D2X
129	Mix C4+

Sunday pm	
Event #	CODE
130	MI4X
131	MF 2X
132	WB 4+
133	WB 4-
134	MA 4+
135	MA 4-
136	MD4X
137	WE4X
138	MG 2-
139	WH8+
140	ME 4+
141	ME 4-
142	WD 8+
143	MH 2X
144	WG2X
145	MB 2X
146	WC 4X
147	MC 8+

