

Bulletin 1



Rowing Queensland and Rowing Australia extends an invitation to all Masters Rowers to compete at the 2009 Australian Masters Rowing Championships. The championships will be held from Thursday 28 to Sunday 31 May 2009 on the Fitzroy River in Rockhampton Queensland.

THE VENUE



Rockhampton is situated on Queensland's, the Fitzroy, and lies 40 kilometres inland from the beautiful Capricorn Coast beaches. The City is surrounded by the Berserker Ranges and Mount Archer (607 metres high), posing an impressive backdrop for the vibrant City centre, business districts and residential areas. Rockhampton is one of Australia's most diverse cities. Surrounded by coastal and rural landscapes, the city truly is the definition of the outback meeting the reef.

Rockhampton is also a great place to visit to enjoy its relaxing atmosphere. There are endless attractions, landmarks, wildlife, and beautiful scenery to visit, not to mention the unique experience of witnessing a bullride in the heart of the city.

The rowing course is an eight lane, 2000 meter course which is fully buoyed. Located at the end of a 40 kilometer stretch of river ideal for long rows, the course is less than 5 kilometers from the city centre. The course has hosted a number of international rowing camps including the Australian Rowing Teams staging camp prior to the 2005 World Championships and was the venue for the 2005 Australian Masters Rowing Championships.

HOW TO GET TO ROCKHAMPTON

Rockhampton is accessible by all the major Australian airlines including Qantas, Virgin, Jetstar and Tiger. The following carriers offer direct flights from a number of Australian capital cities:

Melbourne to Rockhampton	Tiger
Sydney to Rockhampton	Virgin
Brisbane to Rockhampton	Qantas, Jetstar and Virgin

Multiple daily flights are available from all major Australian cities connecting through Brisbane.

Once in Rockhampton, cars can be hired at the airport from all major hire companies including

- Avis (07) 4927 3344
- Budget 1300 362 848
- Thrifty (07) 4927 8755
- Hertz (07) 4922 2721
- Europcar (07) 4922 0044

WHAT ACCOMMODATION IS AVAILABE

The organizing committee has partnered with the Rockhampton Tourist Information Bureau to provide all rowers a seamless centralised booking system for all your accommodation, and travel requirements should you choose – they can also assist you with arranging further accommodation in the area should you wish to stay on and see some of the fantastic sights that the Frazer Coast has to offer There are a variety of accommodation options available in the Rockhampton city centre which is only minutes from the course. Accommodation ranges from 3 to 4 ½ star hotels, motels, service apartments and bed and breakfasts starting from \$80.00 per night.

Please contact the Rockhampton Tourist Bureau for further information about all your travel and accommodation requirements for the 2009 Australian Masters Rowing Championships:

P 1800 805 865

P (07) 4922 5339

E info@rockhamptoninfo.com

I www.rockhamptoninfo.com

MASTERS AGE CATEGORIES

The 2009 Australia Masters Rowing Championships are to be conducted in accordance with Rowing Australia rules of racing which can be viewed on the Rowing Australia website (http://www.rowingaustralia.com.au/comp_rules.shtm). As per the rules, Masters Rowers are those athletes who are over the age of 27 and are included in the following age categories:

- A Minimum age: 27 years
- B Average age: 36 years or more
- C Average age: 43 years or more
- D Average age: 50 years or more
- E Average age: 55 years or more
- F Average age: 60 years or more
- G Average age: 65 years or more
- H Average age: 70 years or more
- I Average age: 75 years or more
- J Average age: 80 years or more.

INDICATIVE PROGRAM

An indicative program of events will be released closer to the regatta. Racing will however start in the afternoon of Thursday, 28 May and conclude by mid afternoon on Sunday, 30 May. Clubs should take into consideration the start time of the regatta when considering their logistical arrangements for trailer and athlete transportation.

The organizing committee has planned several social activities to make your attendance at the Masters Championships one to remember:

- Friday evening 29 May – Free Rodeo at the Great Western Hotel
- Saturday evening 30 May – Bonfires and famous steak burgers at the course

CONTACT DETAILS

Further information relating to the Championships can be found on the [event website located in ROMS](#) or alternatively can be provided by the Organising Committee on the following contact details:

Adam Horner, Event Manager
Rowing Australia
PO Box 245
Belconnen ACT 2617

02 6256 5999
ahorner@rowingaustralia.com.au

Cameron Allen, Event Coordinator
Rowing Queensland
PO Box 3575
South Brisbane QLD 4101

07 3846 2711
camerona@rowingqld.asn.au