

Bulletin 1

Rowing WA and Rowing Australia would like to extend an invitation to all Masters Rowers to compete at the 2010 Australian Masters Rowing Championships. The championships will be held from Thursday 3rd to Sunday 6th of June 2010 at the newly constructed Champion Lakes Regatta Centre in Armadale.

The Venue: Champion Lakes Regatta Centre

Nestled within the City of Armadale, Champion Lakes Regatta Centre (CLRC) is just 23kms from the heart of Perth's CBD. The CLRC is easily accessed via road, with a quick 30 minute drive from the city via the Kwinana Freeway or the Albany and Tonkin Highways. There is also access to Perth's rail network close by, with 3 train stations being with in 3kms of the course's facilities.

The \$34 million Champion Lakes Regatta Centre facility was completed in 2007 and is one of only two purpose built rowing courses in Australia. The design of the course



incorporates a 700m warm-up/cool-down lake, a fully buoyed 2000 metre course and brand new athlete and spectator facilities. There is also a purpose built events path that runs the length of the course, for use by coaches and the media during the event.



Raised grass embankments run the length of the western side of the course and provide an excellent view of the whole course for spectators.

HOW TO GET TO PERTH

All the major Australian airlines including Qantas, Virgin, Jetstar and Tiger fly direct to Perth from most capital cities.

FANTASTIC OFFER ON HIRE CARS

One of our sponsors, Thrifty, is offering all participants coming to the AMRC 2010 a 10% discount off their best daily rate from 4 of their depots. This means if any of their cars are already discounted you get a further 10%.

Depots included:

Welshpool
Bassendean
Fremantle
Osborne Park



Unfortunately they are unable to give this discount from the airport.

To access this special deal, participants will need to quote **WA010** at the time of booking.

Just call – 136 139 (within WA)
(08) 9464-7322 (outside of WA)

WHAT ACCOMMODATION IS AVAILABLE

There is a wide range of accommodation available close to the course. The organising committee suggests the following regions to find accommodation.

Armadale Region: The Champion Lakes Regatta Centre is located in the Armadale region so the links below will assist in finding accommodation close to the course.

[Armadale and Surrounding Areas Accommodation Listing](#)

http://www.rowingwa.asn.au/news/news/2009/champion_lakes_accommodation.pdf

[Visit Armadale Website](#)

<http://www.visitarmadale.com.au/>

[City of Armadale Tourism Website](#)

<http://www.armadale.wa.gov.au/tourism>

Fremantle Region: If you're looking for an area to stay with a great mix of entertainment, shopping, history and arts, then Fremantle (or Freo to the locals) is the place. The Fremantle Visitor Centre can book accommodation for you directly and can be contacted on (08) 9431 7878 or via their website listed below:

[Fremantle Visitor Centre](#)

<http://www.fremantlewa.com.au/>

[Visit Fremantle Website](#)

<http://www.visitfremantle.com.au/>

[Freo Focus Website](#)

<http://www.freofocus.com.au/>

BIG4 Discovery Holiday Park – Forrestfield

If you have a group coming to the AMRC together and would like self-catered accommodation then the BIG4 Discovery Holiday Park at Forrestfield is approx 15 minutes drive from Champion Lakes and has a variety of cabins at reasonable prices.

<http://perth-international-tourist-park.wa.big4.com.au/accommodation-and-pricing/cabins/15635/family-holiday-villa.aspx>

Other information about Perth and surrounding areas can be found at the following websites:

[City of Perth](http://www.cityofperth.wa.gov.au/) <http://www.cityofperth.wa.gov.au/>
[WA Visitors Centre](http://www.wavisitorcentre.com/) <http://www.wavisitorcentre.com/>
[Swan Valley Visitors Centre](http://www.swanvalley.com.au/) <http://www.swanvalley.com.au/>

RETAIL PRECINCT

At the event we will have a retail precinct. Some of the businesses who have confirmed they will be on site include:

Designer Paintworks	Custom Clothing & Rowing Gear http://www.designerpaintworks.com.au/index2.html
Croker Oars	http://www.crokerroars.com/
Jet Cycles Kelmscott	Variety of bicycles and riding accessories
Shell Covers Australia	www.shellcovers.com.au (see below)
Allsports Trophies	on hand to digitally engrave your medals
Johnston Racing	http://www.johnstonracing.com/

... and watch this space for more names each bulletin.

Shell Covers Australia is proud to present its new covers for boats, oars and riggers. The lightweight rubber-backed canvas covers have padding to protect your equipment while in transit and durable zips for ease of use.

BOAT HIRE

If you are interested in hiring boats contact Debbie Mason

Email: debbie15@westnet.com.au

Mobile: 0418 953 415

Hiring Rates:

1X, 2X & 2-: \$20/seat per event (heat, semi & final)

4X, 4+/-, 8+: \$10/seat per event (heat, semi & final)

Training time: seat price per hour

If your club is bringing boats that can be hired and would like us to coordinate this for you also contact Debbie. Monies paid for boat hire is returned to the club or school owning the boat.

MASTERS AGE CATEGORIES

The 2010 Australia Masters Rowing Championships are to be conducted in accordance with Rowing Australia rules of racing which can be viewed on the Rowing Australia website (http://www.rowingaustralia.com.au/comp_rules.shtml). As per the rules, Masters Rowers are those athletes who are over the age of 27 and are included in the following age categories:

- A Minimum age: 27 years
- B Average age: 36 years or more
- C Average age: 43 years or more
- D Average age: 50 years or more
- E Average age: 55 years or more
- F Average age: 60 years or more
- G Average age: 65 years or more
- H Average age: 70 years or more
- I Average age: 75 years or more
- J Average age: 80 years or more.

INDICATIVE PROGRAM

An indicative program of events will be released in a subsequent bulletin. Depending on participation levels racing is likely to start on the afternoon of Thursday, 3rd of June and conclude by mid afternoon on Sunday, 6th of June. Clubs should take into consideration the start time of the regatta when considering their logistical arrangements for trailer and athlete transportation.

CONTACT DETAILS

Further information relating to the Championships can be found on the Rowing WA website, located in ROMS or alternatively can be provided by the Organising Committee on the following contact details:

Pierre Pougault
Executive Officer
Rowing WA
(08) 9364 3905

executiveofficer@rowingwa.asn.au

Matt Draper
National Development & Events Director
Rowing Australia
(02) 6256 5999

SEE ROWING WA WEBSITE FOR MORE INFORMATION: www.rowingwa.asn.au

IF YOU WOULD LIKE TO RECEIVE EMAILS DIRECTLY EMAIL: debbie15@westnet.com.au

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2010 Australian Masters Rowing Championship
Champion Lakes Regatta Centre, Perth



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