

# NRCE Year Planner 2010

**Updated: 29.01.09**

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>Week # 1</b>	<b>4-Jan-10</b>	5-Jan-10	6-Jan-10	7-Jan-10	8-Jan-10	9-Jan-10	10-Jan-10
	Strength + Power Testing	Strength + Power Testing	Strength + Power Testing	Strength + Power Testing	Strength + Power Testing		
<b>Week # 2</b>	11-Jan-10	12-Jan-10	13-Jan-10	14-Jan-10	15-Jan-10	16-Jan-10	17-Jan-10
	Strength + Power Testing	Strength + Power Testing	Strength + Power Testing	Strength + Power Testing	Strength + Power Testing		
<b>Week # 3</b>	18-Jan-10	19-Jan-10	20-Jan-10	21-Jan-10	22-Jan-10	23-Jan-10	24-Jan-10
				<b>Sen A, Adaptive &amp; U23 Nominations due</b>			
<b>Week # 4</b>	25-Jan-10	26-Jan-10	27-Jan-10	28-Jan-10	29-Jan-10	30-Jan-10	31-Jan-10
<b>Week # 5</b>	1-Feb-10	2-Feb-10	3-Feb-10	4-Feb-10	5-Feb-10	6-Feb-10	7-Feb-10
<b>Week # 6</b>	8-Feb-10	9-Feb-10	10-Feb-10	11-Feb-10	12-Feb-10	13-Feb-10	14-Feb-10
	Power Distance Testing	Power Distance Testing	Power Distance Testing	Power Distance Testing	Power Distance Testing		
<b>Week # 7</b>	15-Feb-10	16-Feb-10	17-Feb-10	18-Feb-10	19-Feb-10	20-Feb-10	21-Feb-10
	National 7x4min testing	National 7x4min testing	National 7x4min testing	National 7x4min testing	National 7x4min testing		
<b>Week # 8</b>	22-Feb-10	23-Feb-10	24-Feb-10	25-Feb-10	26-Feb-10	27-Feb-10	28-Feb-10
				<b>Junior &amp; NTID Nominations due</b>			
<b>Week # 9</b>	1-Mar-10	2-Mar-10	3-Mar-10	4-Mar-10	5-Mar-10	6-Mar-10	7-Mar-10
	National Championships	National Championships	National Championships	National Championships	National Championships	National Championships	National Championships
<b>Week # 10</b>	8-Mar-10	9-Mar-10	10-Mar-10	11-Mar-10	12-Mar-10	13-Mar-10	14-Mar-10
		<b>Initial invitation list to Sen A, Adaptive and U23 Trials</b>					
<b>Week # 11</b>	15-Mar-10	16-Mar-10	17-Mar-10	18-Mar-10	19-Mar-10	20-Mar-10	21-Mar-10
<b>Week # 12</b>	22-Mar-10	23-Mar-10	24-Mar-10	25-Mar-10	26-Mar-10	27-Mar-10	28-Mar-10
<b>Week # 13</b>	29-Mar-10	30-Mar-10	31-Mar-10	1-Apr-10	2-Apr-10	3-Apr-10	4-Apr-10
<b>Week # 14</b>	5-Apr-10	6-Apr-10	7-Apr-10	8-Apr-10	9-Apr-10	10-Apr-10	11-Apr-10
<b>Week # 15</b>	12-Apr-10	13-Apr-10	14-Apr-10	15-Apr-10	16-Apr-10	17-Apr-10	18-Apr-10
	Power Distance Testing	Power Distance Testing	Power Distance Testing	Power Distance Testing	Power Distance Testing		
<b>Week # 16</b>	19-Apr-10	20-Apr-10	21-Apr-10	22-Apr-10	23-Apr-10	24-Apr-10	25-Apr-10
	<b>Final invitation list to Sen A, Adaptive and U23 Trials</b>				National Selection Trials - SIRC	National Selection Trials - SIRC	National Selection Trials - SIRC
<b>Week # 17</b>	26-Apr-10	27-Apr-10	28-Apr-10	29-Apr-10	30-Apr-10	1-May-10	2-May-10
	National Selection Trials - SIRC	National Selection Trials - SIRC	National Selection Trials - SIRC	National Selection Trials - SIRC	National Selection Trials - SIRC	National Selection Trials - SIRC	National Selection Trials - SIRC

<b>Week #</b>	<b>18</b>	3-May-10	4-May-10	5-May-10	6-May-10	7-May-10	8-May-10	9-May-10
<b>Week #</b>	<b>19</b>	10-May-10	11-May-10	12-May-10	13-May-10	14-May-10	15-May-10	16-May-10
<b>Week #</b>	<b>20</b>	17-May-10	18-May-10	19-May-10	20-May-10	21-May-10	22-May-10	23-May-10
<b>Week #</b>	<b>21</b>	24-May-10	25-May-10	26-May-10	27-May-10	28-May-10	29-May-10	30-May-10
<b>Week #</b>	<b>22</b>	31-May-10	1-Jun-10	2-Jun-10	3-Jun-10	4-Jun-10	5-Jun-10	6-Jun-10
<b>Week #</b>	<b>23</b>	7-Jun-10	8-Jun-10	9-Jun-10	10-Jun-10	11-Jun-10	12-Jun-10	13-Jun-10
		Power Distance Testing	Power Distance Testing	Power Distance Testing	Power Distance Testing	Power Distance Testing		Sen A team departs for Europe
<b>Week #</b>	<b>24</b>	14-Jun-10	15-Jun-10	16-Jun-10	17-Jun-10	18-Jun-10	19-Jun-10	20-Jun-10
		Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe
						World Cup #2, Munich	World Cup #2, Munich	World Cup #2, Munich
<b>Week #</b>	<b>25</b>	21-Jun-10	22-Jun-10	23-Jun-10	24-Jun-10	25-Jun-10	26-Jun-10	27-Jun-10
		Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe
<b>Week #</b>	<b>26</b>	28-Jun-10	29-Jun-10	30-Jun-10	1-Jul-10	2-Jul-10	3-Jul-10	4-Jul-10
		Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe
<b>Week #</b>	<b>27</b>	5-Jul-10	6-Jul-10	7-Jul-10	8-Jul-10	9-Jul-10	10-Jul-10	11-Jul-10
		Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe	Sen A team in Europe
						World Cup #3, Lucerne	World Cup #3, Lucerne	World Cup #3, Lucerne
		Under 23 pre-departure camp, SIRC	Under 23 pre-departure camp, SIRC	Under 23 pre-departure camp, SIRC	Under 23 pre-departure camp, SIRC	Under 23 pre-departure camp, SIRC	Under 23 pre-departure camp, SIRC	Under 23 pre-departure camp, SIRC
						National Team Racing #1	National Team Racing #1	National Team Racing #1
								Under 23 team departs for Europe
<b>Week #</b>	<b>28</b>	12-Jul-10	13-Jul-10	14-Jul-10	15-Jul-10	16-Jul-10	17-Jul-10	18-Jul-10
		Sen A team departure from Europe	Sen A team in transit	Sen A team arrives Australia				
		U23 team in Europe	U23 team in Europe	U23 team in Europe	U23 team in Europe	U23 team in Europe	U23 team in Europe	U23 team in Europe
								Junior pre-departure camp, SIRC
<b>Week #</b>	<b>29</b>	19-Jul-10	20-Jul-10	21-Jul-10	22-Jul-10	23-Jul-10	24-Jul-10	25-Jul-10
		U23 team in Europe	U23 team in Europe	U23 team in Europe	U23 team in Europe	U23 team in Europe	U23 team in Europe	U23 team in Europe
					World U23 Champs - Brest, Belarus	World U23 Champs - Brest, Belarus	World U23 Champs - Brest, Belarus	World U23 Champs - Brest, Belarus
		Junior pre-departure camp, SIRC	Junior pre-departure camp, SIRC	Junior pre-departure camp, SIRC	Junior pre-departure camp, SIRC	Junior pre-departure camp, SIRC	Junior pre-departure camp, SIRC	Junior pre-departure camp, SIRC
								Junior team departs for Europe

<b>Week #</b>	<b>30</b>	26-Jul-10	27-Jul-10	28-Jul-10	29-Jul-10	30-Jul-10	31-Jul-10	1-Aug-10
		U23 team debrief and departure from Europe	U23 team in transit	U23 team arrive Australia				
		Junior team in Europe	Junior team in Europe	Junior team in Europe	Junior team in Europe	Junior team in Europe	Junior team in Europe	Junior team in Europe
<b>Week #</b>	<b>31</b>	2-Aug-10	3-Aug-10	4-Aug-10	5-Aug-10	6-Aug-10	7-Aug-10	8-Aug-10
		Junior team in Europe	Junior team in Europe	Junior team in Europe	Junior team in Europe	Junior team in Europe	Junior team in Europe	Junior team in Europe
				World Jun Champs - Racice	World Jun Champs - Racice	World Jun Champs - Racice	World Jun Champs - Racice	
<b>Week #</b>	<b>32</b>	9-Aug-10	10-Aug-10	11-Aug-10	12-Aug-10	13-Aug-10	14-Aug-10	15-Aug-10
		Junior team debrief and departure from Europe	Junior team in transit	Junior team arrive Australia			Youth Olympic Games, Singapore	Youth Olympic Games, Singapore
<b>Week #</b>	<b>33</b>	16-Aug-10	17-Aug-10	18-Aug-10	19-Aug-10	20-Aug-10	21-Aug-10	22-Aug-10
		Power Distance Testing	Power Distance Testing	Power Distance Testing	Power Distance Testing	Power Distance Testing		
<b>Week #</b>	<b>34</b>	23-Aug-10	24-Aug-10	25-Aug-10	26-Aug-10	27-Aug-10	28-Aug-10	29-Aug-10
<b>Week #</b>	<b>35</b>	30-Aug-10	31-Aug-10	1-Sep-10	2-Sep-10	3-Sep-10	4-Sep-10	5-Sep-10
<b>Week #</b>	<b>36</b>	6-Sep-10	7-Sep-10	8-Sep-10	9-Sep-10	10-Sep-10	11-Sep-10	12-Sep-10
<b>Week #</b>	<b>37</b>	13-Sep-10	14-Sep-10	15-Sep-10	16-Sep-10	17-Sep-10	18-Sep-10	19-Sep-10
<b>Week #</b>	<b>38</b>	20-Sep-10	21-Sep-10	22-Sep-10	23-Sep-10	24-Sep-10	25-Sep-10	26-Sep-10
						National Team Racing #2	National Team Racing #2	National Team Racing #2
<b>Week #</b>	<b>39</b>	27-Sep-10	28-Sep-10	29-Sep-10	30-Sep-10	1-Oct-10	2-Oct-10	3-Oct-10
<b>Week #</b>	<b>40</b>	4-Oct-10	5-Oct-10	6-Oct-10	7-Oct-10	8-Oct-10	9-Oct-10	10-Oct-10
		Modified Power Distance Testing	Modified Power Distance Testing	Modified Power Distance Testing	Modified Power Distance Testing	Modified Power Distance Testing		
<b>Week #</b>	<b>41</b>	11-Oct-10	12-Oct-10	13-Oct-10	14-Oct-10	15-Oct-10	16-Oct-10	17-Oct-10
						National Team Racing #3	National Team Racing #3	National Team Racing #3
<b>Week #</b>	<b>42</b>	18-Oct-10	19-Oct-10	20-Oct-10	21-Oct-10	22-Oct-10	23-Oct-10	24-Oct-10
<b>Week #</b>	<b>43</b>	25-Oct-10	26-Oct-10	27-Oct-10	28-Oct-10	29-Oct-10	30-Oct-10	31-Oct-10
				Sen A Team to New Zealand	Sen A Team in New Zealand	Sen A Team in New Zealand	Sen A Team in New Zealand	Sen A Team in New Zealand
								World Champs, New Zealand
<b>Week #</b>	<b>44</b>	1-Nov-10	2-Nov-10	3-Nov-10	4-Nov-10	5-Nov-10	6-Nov-10	7-Nov-10
		Sen A Team in New Zealand	Sen A Team in New Zealand	Sen A Team in New Zealand	Sen A Team in New Zealand	Sen A Team in New Zealand	Sen A Team in New Zealand	Sen A Team in New Zealand
		World Champs, New Zealand	World Champs, New Zealand	World Champs, New Zealand	World Champs, New Zealand	World Champs, New Zealand	World Champs, New Zealand	World Champs, New Zealand
<b>Week #</b>	<b>45</b>	8-Nov-10	9-Nov-10	10-Nov-10	11-Nov-10	12-Nov-10	13-Nov-10	14-Nov-10
		Sen A Team debrief and fly to Australia						
<b>Week #</b>	<b>46</b>	15-Nov-10	16-Nov-10	17-Nov-10	18-Nov-10	19-Nov-10	20-Nov-10	21-Nov-10
<b>Week #</b>	<b>47</b>	22-Nov-10	23-Nov-10	24-Nov-10	25-Nov-10	26-Nov-10	27-Nov-10	28-Nov-10
<b>Week #</b>	<b>48</b>	29-Nov-10	30-Nov-10	1-Dec-10	2-Dec-10	3-Dec-10	4-Dec-10	5-Dec-10
<b>Week #</b>	<b>49</b>	6-Dec-10	7-Dec-10	8-Dec-10	9-Dec-10	10-Dec-10	11-Dec-10	12-Dec-10
<b>Week #</b>	<b>50</b>	13-Dec-10	14-Dec-10	15-Dec-10	16-Dec-10	17-Dec-10	18-Dec-10	19-Dec-10

	Power Distance Testing	Power Distance Testing	Power Distance Testing	Power Distance Testing	Power Distance Testing		
<b>Week #</b> 51	20-Dec-10	21-Dec-10	22-Dec-10	23-Dec-10	24-Dec-10	25-Dec-10	26-Dec-10
	National 7x4min testing	National 7x4min testing	National 7x4min testing	National 7x4min testing	National 7x4min testing		
<b>Week #</b> 52	27-Dec-10	28-Dec-10	29-Dec-10	30-Dec-10	31-Dec-10	1-Jan-11	2-Jan-11