

2006/2007 Rowing Australia National Plan – Event Supplement for:

Adaptive Rowing Team: World Rowing Championships, Munich, Germany 26th of August – 2nd of September 2007

The Selection Criteria in Part 4 of the Selection Policy includes, amongst other things:

- (a) satisfaction by participants of the requirements of this Event Supplement
- (b) performance of participants in trialling and competition specified in the Event Supplement

Athletes and Coaches should also familiarise themselves with the other Selection Criteria in Part 4 of the Selection Policy.

General Information	Adaptive Rowing Team
Nominations Close	<ul style="list-style-type: none"> • RA Nomination forms are due by Friday the 5th January, 2007 • Nominations forms to be sent either by fax or mail to Rowing Australia (Fax: 02 6256 5955 or PO Box 245, Belconnen ACT 2617)
Tour Information	<ul style="list-style-type: none"> • Team size dependant on the overall prognostic standards achieved in each category with emphasis on the requirements for Paralympic qualifications. • Funding considerations will determine the total team size. • World Championships 26th August – 2nd September 2007, Munich Germany. • Detailed touring information will be available in further correspondence and documents from the HPU and team management. • Athletes are required to be available to resume training and preparation in Australia on the 1st October, 2006.
Eligibility Requirements	<ul style="list-style-type: none"> • Australian Citizen • Must be a member of an affiliated State Rowing Club and must not have any outstanding financial obligations to RA, the SIS/SAS, the SSO or their club. • Meet the requirements under this event supplement

Priority Boats	<ul style="list-style-type: none"> • No specific priority Boats nominated at this stage • Team priority crew selection will take place based on the “Objective” of the Selection Policy to: “select the best possible team to represent Australia with the best chance of winning medals at international events.”
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Month	Date	Event	Venue	Adaptive Notes
December	4 th – 15 th	Ergometer Test - Endurance (3km)	NTC's	All nominating athletes to complete: <ul style="list-style-type: none"> • Concept 2 Model D (See Ergometer Protocols below) • Arms Only Athletes – 3000m • Trunk and Arms Athletes – 3000m • Legs, Trunk and Arms – 3000m Results to HPD , SSSM and NDO by 5:00pm, 18 th of Dec 2006
December	9 th – 10 th	NTC Time Trial (Long distance, _ distance of able body trials)	NTC's	<ul style="list-style-type: none"> • All nominating athletes to compete. • All athletes (Men and Women) to compete in 1x unless a written request to row an alternative boat is provided to RA in advance. • Results to be sent to HPD, SSSM and NDO by 5pm, Monday the 11th December 2006.
February	1 st – 4 th	Ergometer Test – Endurance (3km)	NTC's	All nominating athletes to complete: <ul style="list-style-type: none"> • Concept 2 Model D (See Ergometer Protocols below) • Arms Only Athletes – 3000m • Trunk and Arms Athletes – 3000m • Legs, Trunk and Arms – 3000m Results to HPD, SSSM and NDO by 5:00pm, 5 th of Feb 2007

March	5 th – 11 th	National Championships (1 st Selection Regatta)	Nagambie (Victoria)	<p>All nominating athletes to compete</p> <ul style="list-style-type: none"> • Arms only athletes to compete in AD-M-F1X-1A (men) or AD-W-F1X-1A (women) • Trunk and Arms athletes to compete in AD-M-F1X-1A (men) or AD-W-F1X-1A (women) • Legs, Trunks and arms to compete at least one of the following events: <ul style="list-style-type: none"> ○ AD-M-C1X-2B (men) or AD-W-C1X-2B (women) ○ AD-M-C2X-3 (men) or AD-W-C2X-3 (women) ○ AD-MG-C4+ (mixed gender) <p>See note 1) below for details</p>
March	5 th – 11 th	Classification of Adaptive Athletes	Nagambie (Victoria)	<p>All nominating athletes that have not previously been classified are to be classified by FISA Accredited Classifier:</p> <ul style="list-style-type: none"> • Athletes are to be classified as per the FISA Classification Policy • Athletes are to provide relevant classification information from a recognised disability service provider. Examples follow: <ul style="list-style-type: none"> ○ Cerebral Palsy – CP-ISRA ○ Intellectual Disability – INAS-FID ○ Visual Impairment – IBSA ○ Other Disabilities – relevant medical documentation from recognised practitioner • Classification is to occur in a break of the Australian Rowing Championships • Athletes will be notified of final details in due course

March	19 th	Ergometer Test – Race Distance (1km)	NTC's	<p>All nominating athletes to complete:</p> <ul style="list-style-type: none"> • Concept 2 Model D (ergometer protocols) • Arms Only Athletes – 1000m • Trunk and Arms Athletes – 1000m • Legs, Trunk and Arms – 1000m • Medal standard time are as follows; <ul style="list-style-type: none"> ○ A1X – Men: 5 min, 10 sec – Women: 5 min, 50 sec ○ TA2X - Men: 4 min, 30 sec – Women: 5 minutes ○ LTA4+ - Men: 3min, 35 sec – Women: 4 min, 10 sec <p>Results to HPD , SSSM and NDO by 20th of March 2007</p>
April	13 th – 16 th	Selection Regatta and Trials	Penrith SIRC (NSW)	<ul style="list-style-type: none"> • Athletes invited to participate by the National Selectors based on the criteria in Section 4 of the Selection Policy. • Trial boats at the discretion of the selectors • 1000 metre racing. • See note 2) below for further information
June	TBC	Training Camp	AIS Canberra (ACT)	Athletes selected in Senior A Adaptive Crews to participate.

Ergometer Protocols

For all ergometer testing in the Event Supplement the following drag factors apply on Concept 2 Model D ergometers.

- Men: 120
- Women: 110

All results to include all details comprised in the recording “pro forma” available from the NTC Head Coach in each State (this includes things such as weight and classification).

Notes

1) Selection Regatta 5th – 11th March (Nagambie, Victoria)

- Entries need to be received through Rowing Victoria as a normal Championship entry
- Further details in regards to the event and race schedules will be published by the Australia Rowing Championships Organising Committee or the RA High Performance Unit in due time for the event

2) National Selection Trial 13th – 16th April (SRIC)

- Only Athletes (rowers and coxswains) invited by the National Selectors will compete at the National Selection Trials. Those athletes will compete for Australian Adaptive Rowing Team selection in accordance with and based on their nomination form in this regard. The basis for invitation will be from the criteria contained in Section 4 of the Selection Policy. Invitations will be offered after the results from the Ergometer Test – Race Distance (1km) have been reviewed by the National Selectors. Only athletes who have completed the selection requirements, or have been formally exempted, in this Event Supplement are eligible for invitation.
- Athletes to compete in trial boats as required by the selectors
- Further details in regards to the event and race schedules will be published by the High Performance Unit in due time for the event.
- NB: Rowing Australia will provide athletes and coaches with funding for accommodation, meals and provision of equipment from Friday 13th of April until participation in the camp is concluded. Travel costs are the responsibility of the individual.